

Insert nose wire here



MEDICAL-STYLE PLEATED FACE MASK PATTERN

Sewing instruction:

- Lay 1 layer of blue fabric + 2 layers of white fabric together.
- Sew along the shorter edges, leaving the long sides open, turn the fabric inside out so that the blue fabric is outside.
- Top stitch the upper end of the mask, insert bendable wire.
- Fold the 3 pleats according to the markings. Stitch along the edges to secure the pleats.
- Fold 0.6cm (1/4 in) from the raw edge, attach 17cm (7in) elastic cord at the two ends of the folded fabric.
- Sew the seam finish of the mask. Back stitch several times so the elastic cord is firmly secured.

Visit <http://youcansewit.com> for video tutorial, more craft ideas and free sewing patterns. Happy sewing!